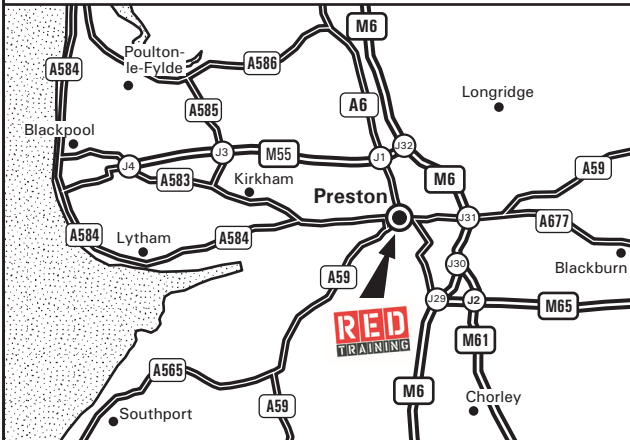




RED Training
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From M6

- Leave motorway at Junction 31 (Preston South).
- Follow signs for town centre, going straight on at the roundabout and through several sets of traffic lights, to the end of New Hall Lane (Homebase store located opposite).
- Turn right at lights onto Stanley Street and proceed through next 5 main sets of lights, following signs for Liverpool & A59 onto the Ring Way.
- Pass under a railway bridge continuing on A59 (Ring Way).
- Continue through the next main set of lights and leave the A59 at the exit signed Preston Technology Centre.
- Continue straight over a mini-roundabout.
- Turn right at a set of lights onto Strand Road (A5072), following signs for Preston Technology Centre.
- Pass under the A59 flyover and then turn right at a set of lights onto Marsh Lane (signed City Centre & Preston Technology Centre).
- We are located on the left hand side (see inset).

By Train

- Preston is on the West Coast Main Line and receives services from London Euston, Manchester, Liverpool, Glasgow, Blackpool, York and Plymouth.
- Taxis are available at the station.

