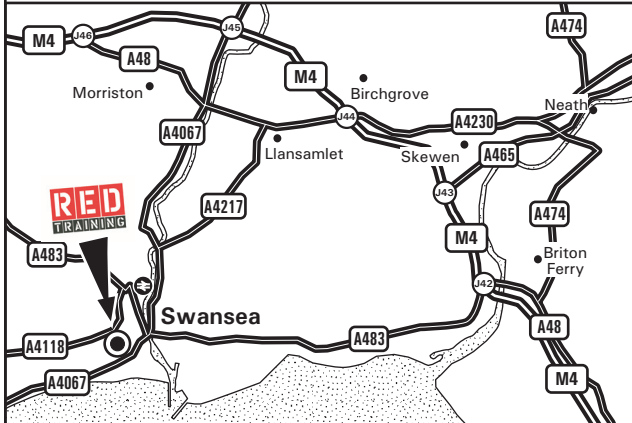




RED Training
Rear Suite, Ground Floor, Sun Alliance House,
166-167 St Helens Road
Swansea SA1 4DQ
Tel: 0117 910 9190 - Fax: 0117 957 0408
www.redinstructortraining.com



From the M4 Westbound

- Leave the M4 at Junction 42 (signed Swansea & A483).
- Join the A483 (Fabian Way) and continue for 4 miles to Swansea.
- Cross over the River Tawe, following signs for the City Centre.
- Continue straight onto Oystermouth Road (A4067).
- Turn right at the set of lights as you pass Tesco onto West Way (see inset).
- Pass the Grand Theatre on the right, and at the top of the road bear left onto St Helens Road (B4290). We are located on the right.

From the M4 Eastbound

- Leave the M4 at Junction 45 (signed Swansea, Pontardawe & A4067).
- Join the A4067 towards Swansea and continue for 3 miles, until the roundabout junction next to the Liberty Stadium.
- Take the first exit at the roundabout onto the A4067.
- Continue straight over the next roundabout.
- At the next roundabout, take the second exit onto the A4217 - Pentre Chwyth Road.
- Continue on the A4217, until the traffic light junction with the A483.
- Turn right at the lights (signed Parc Tawe & City East).
- Cross over the River Tawe, and turn left at the next set of lights.
- Continue straight onto Oystermouth Road (A4067).
- Turn right at the set of lights as you pass Tesco onto West Way (see inset).
- Pass the Grand Theatre on the right, and at the top of the road bear left onto St Helens Road (B4290). We are located on the right.

By Train

- Swansea is served by trains from Cardiff, Newport, Neath, Carmarthen, Bristol and London Paddington. Taxis are available at the station.

By Bus

- Services 2, 9, 14, 19 & 116 all stop directly outside the college. The office is only a 5 min walk away from the main bus station located in the Quadrant.

Parking

- There is limited on street parking in the area.
- The NCP located just off 'The Kingsway' on Dynevor Place is only 5-10 minutes walk away. See inset map for location of car parks.

